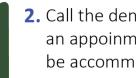


1. Check the list of accredited dentists under AVEGA. You may refer to the guidebook or to the AVEGA website, or call 902-3430 / 789-4030.



2. Call the dentist to confirm schedule and to inquire if an appoinment should be set or if walk-in patients can be accommodated.



3. Proceed to the dental clinic on the day of your dental availment and present your AVEGA card for validation.



4. Avail of the entitled dental benefit.



5. Sign the Referral Control Sheet (RCS) 5 made available at the dental clinic.